

NORTH ESSEX DEANERY GROUP

**DAY OF RECOLLECTION AND
REFLECTION**

**From the Cross to the Resurrection, a time of
waiting**

Led by Sr. Moira and Sr. Margaret Mary

Saturday 28th March 2020

St Theresa's Parish Centre, High Lane, Stansted
CM24 8LQ

- 9.30 am** - Mass in the **Church**
- 10.00 am** - Coffee and Welcome in the **Parish Centre**
- 10.30 am** - Guided Reflection with time for quiet contemplation, walk in the grounds etc.
- 12.30 pm** - Lunch
- 1.30 pm** - Exposition of the Blessed Sacrament with the opportunity for Confession and private prayer.
- 2.30 pm** - Benediction

Bring a packed lunch. Tea and coffee are provided.

Can't manage the whole day? Just drop in when you can.