# St. Theresa of Lisieux Catholic Church Stansted Mountfitchet

# Role Description: Ministry of Youth Work. Parish Youth Helper (volunteer).

# Nota Bene:

- The Parish Priest will appoint the Volunteer Parish Youth Helper.
- The role of the Volunteer Parish Youth Helper is subject to Safer Recruitment processes including an enhanced DBS that includes checks against the child and adult workforce with barred list.
- A *minimum* of two references must be obtained. Neither can be by the clergy in the Parish or a relative. One reference must be outside of the parish. One reference must be able to specifically refer to the job role description. All referees must be over the age of 18.
- A Volunteer Parish Youth Helper may not commence their ministry until the volunteer has completed the DBS process; training as a Volunteer Parish Youth Helper has been attended; safeguarding training has been completed.
- All volunteer Parish Youth Helpers must be over 18 years of age.
- Once these actions have been completed satisfactorily, the Parish Safeguarding Representative will inform the Parish Priest so that the volunteer may be formally appointed.

# Responsible to: The Parish Priest.

**Purpose:** To support Parish Youth: Age Range is from Year 7 – (11 years of age to Year 13 - (18 years of age).

#### Aim:

- To work with young people from secondary school age, 11 (Year 7) to 18 (year 13) through a blend and range of approaches supporting spiritual development activities and social education activities within a fun and safe environment.
- To support the development and implementation of a cohesive youthwork strategy.
- To provide a safe space and environment for the youth of the parish

# Main Responsibilities:

- (a) To work with the Parish Youth Leader and others to develop and implement the parish youth strategy.
- (b) To be a role model in the Catholic faith and personal conduct.
- (c) To inspire and nurture the faith of the young people in our parish.
- (d) To encourage the youth of the parish to be active members of our community through their participation in activities and ministries.
- (e) To promote the spiritual, social and fun aspects of Christian living.
- (f) To maintain appropriate boundaries and respect personal space at all times.
- (g) To always work with at least one other appointed person.
- (h) To contribute to the Parish Youth Work Team and attend planning and assessment meetings.
- (i) To enable young people to take up their rightful role in the Christian Community as ministers of change and growth within the Church and world.
- (j) To support a connection between the young people and the adult parish; to be a voice for their hopes and aspirations.
- (k) To provide a safe and supportive environment in which young people can freely share their experiences, opinions and questions.
- (l) To prepare the venue and to ensure the safety and wellbeing of the young people.
- (m) To provide the necessary books and equipment and resources (as agreed with the Parish Priest).
- (n) To work with and support the training of other group helpers as appropriate.

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- (o) To work together to ensure that all Parish Youth work is conducted in accordance with the nationally, (CSSA), Diocesan and Parish agreed Safeguarding Procedures.
- (p) To monitor good practice and implement changes where necessary to enhance both the quality of the sessions and the safety of youth.
- (q) To promote and facilitate working with the Diocese youth initiatives and further afield if offered e.g. 'Flame'.
- (r) To meet with the parish priest (or other appointed person) regularly and discuss your ministry with him.
- (s) To ensure that Safeguarding procedures are in place and adhered to.
- (t) To promote, follow and support all Health and Safety guidance and conduct a visual risk assessment throughout the session.
- (u) To always wear your parish ID when ministering and be prepared to show this.
- (v) To attend regular Youth Worker training.
- (w) To attend regular Safeguarding Training and Health and Safety training.
- (x) To work within the parameters of GDPR.

### **Person Specification:**

- (a) To be over the age of 18 years.
- (b) To have a strong and mature Catholic faith.
- (c) To be well organised and planned.
- (d) The ability to relate with respect and ease to young people and adults and to enjoy working with young people and adults.
- (e) To have the ability to engage with young people from a variety of backgrounds.
- (f) To have a commitment to the essential teachings of the Roman Catholic Church, and the ethos of the parish of St. Theresa of Lisieux.
- (g) To have a commitment to the physical, spiritual, and emotional well-being of all young people especially those you are working with.
- (h) To model good safeguarding practices at all times both within the church and without.
- (i) To have a passion to see young people grow in their faith.
- (j) To have experience in talking with young people and a willingness to attend activity and Liturgy Days.
- (k) To have a willingness to give time to the preparation of the sessions and the co-ordination of the group.
- (l) To have a commitment to the spiritual and moral development of the youth group.
- (m) To be a good listener, with pastoral sensitivity and maintain confidentiality unless there is a safeguarding concern.
- (n) To be an effective and imaginative communicator.
- (o) To be willing to undertake training and attend appropriate in-service training from time to time.
- (p) To be able to readily work collaboratively within the Parish and to be part of Diocesan Youth and to encourage the young people to take part in Diocesan activities.
- (q) To always wear your parish ID when ministering and be prepared to show this.
- (r) To understand and follow all safeguarding guidance and training received.
- (s) To be able to attend and complete regular updated safeguarding training
- (t) To be able to attend and complete updated training for a Volunteer Parish Youth Worker.
- (u) To work within the parameters of GDPR.

# Protection of Children and Adults at Risk:

- (a) To familiarise themselves with National (CSSA), Diocesan and Parish Safeguarding Policies.
- (b) (http://www.catholicsafeguarding.org.uk/national-safeguarding-standards/national-safeguarding-policy/practice-guidance/)
- (c) To immediately refer any concerns about a young person or adult to the Safeguarding Representative in the Parish and/or to the Safeguarding Office. (and to the police on 999 if you think someone is in immediate danger of harm).

- (d) As a member and 'trusted' adult of the Parish of St. Theresa of Lisieux, Stansted Mountfitchet, maintain appropriate boundaries and model good Catholic practices and Safeguarding principles.
- (e) To have completed the online Educare module(s) as directed by the Parish Safeguarding Representative.

#### Safeguarding Do's and Don'ts

Protecting others and protecting yourself

Do	Do not
Report all concerns about the safety or	Offer confidentiality (you have a duty to
wellbeing of an individual to :	report all concerns).
Initially -	
✓ The Parish Safeguarding Representative	
If unavailable -	
✓ The Diocesan Safeguarding Co-ordinator	
✓ Statutory Agencies if required and you are	
unable to contact the Diocesan	
Safeguarding Team regarding serious concerns.	
$\checkmark$ The Police (where there is an immediate	
risk of harm to an individual).	
Ensure the immediate health, well-being and	Promise total confidentiality. Explain that the
safety of the person – dial 999 if necessary.	information the person has given you will be
	treated with great care and shared with
	specific professionals who need to know.
Listen, reassure.	Pass judgement of make promises about
Do not put words into the person's mouth.	what will happen next.
Be calm and reassuring.	Interrogate the person or investigate
	disclosures. Your role is to seek clarification
	of details and report the information shared
	to the Diocesan Safeguarding Co-ordinator.
Take into account the person's age and level of	Be alone with the person or move them to an
understanding. Their culture and use of	isolated position.
language.	Work in instation. The Discourse
Be clear about what you are going to do next	Work in isolation. The Diocesan
and when	Safeguarding Team are there to support you.
Tell the person you will need to contact the Parish Safeguarding Representative or	Do not contact the person about whom the
5 5 1	allegation or concerns are being raised to tell
Diocesan Safeguarding Co-ordinator. Contact	them about the information. You could be putting a child or vulnerable adult in serious
them as soon as possible.	danger.
Make careful notes including dates and times	Compromise your own safety or integrity.
of the incident/disclosure and keep them	
securely.	
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If you are unsure of any of the above, speak to the Parish Safeguarding Representative at the earliest opportunity.

#### Mandatory Training Requirements:

#### Educare Modules:

#### s: Safeguarding Children – to be completed prior to appointment Safeguarding Adults - to be completed prior to appointment

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#### Safeguarding Young people

#### Further training to be completed within three months of appointment: Domestic Abuse: Children and Young People Online Safety Child Exploitation Effective Safeguarding Practice (revised 2019)

Parish Representative:Safeguarding as a Parish Youth WorkerSafeguarding as a 'trusted adult,'

#### Further suggested learning modules:

Understanding Anxiety Understanding Low Mood and Depression Understanding Self Harm The Prevent Duty Adverse Childhood Experiences Serious Youth Violence

If you would like to find out more about other aspects of Safeguarding, EDUCARE offers other modules. When you have completed any training, please inform the Parish Safeguarding Representative and send them a certificate of completion – email or hard copy – for your training record.

#### Helpful websites to support your role:

https://catholicsafeguarding.org.uk/

https://www.dioceseofbrentwood.net/departments/safeguarding/

https://www.sttheresastansted.org/about-us/safeguarding/

https://www.educare.co.uk/ppc/safeguarding-training

https://learning.nspcc.org.uk/safeguarding-child-protection/

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#### Self Audit:

Question	Tick
Have I read and understood the role sheet description for my ministry?	
Do I meet all requirements of the Person Specification?	
Am I confident that I can undertake the main responisbilities of my role?	
Have I completed all required safeguarding training?	
Do I attend regular role training?	
Do I attend regular Safeguarding training?	
Do I feel confident in how I should conduct myself both when serving and when around others?	
Do I feel confident in my response if a disclosure is made to me?	
Do I have my ID?	
Do I have the Parish Safeguarding Representative and Diocesan Safeguarding Co-ordinator	
contacts to hand?	
Are their any questions you would like to ask the PSR?	
Please list:	